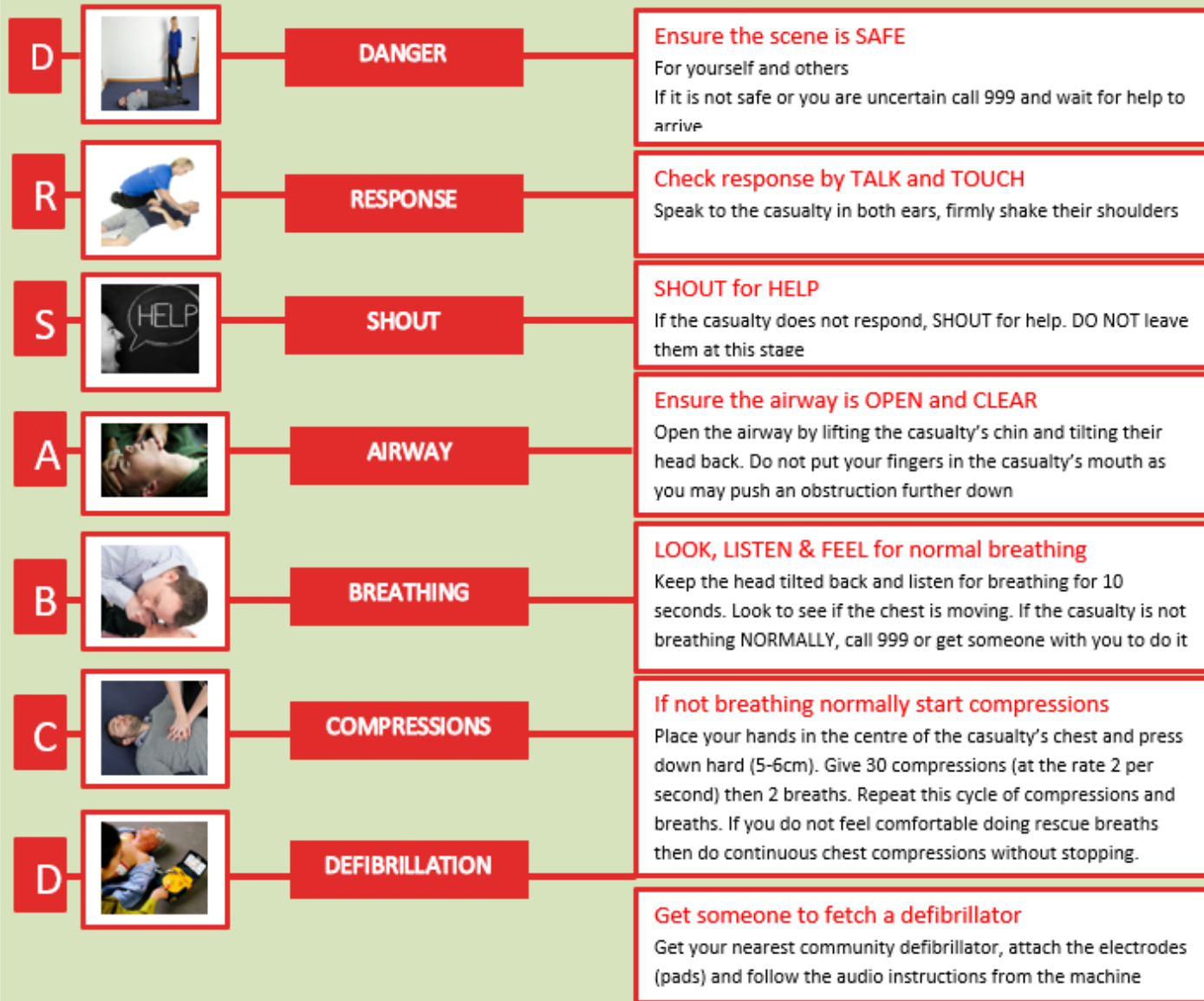


## If someone collapses, follow these instructions



### ADDITIONAL COMPRESSION/BREATHING INFORMATION

If the casualty is unconscious and making strange gasping sounds then this is considered as abnormal breathing and CPR should be started. Continue until help arrives, or you are too tired to continue or the casualty starts breathing again normally.

FOR AN ADULT	USE 2 HANDS AND COMPRESS 5-6 CM
FOR A CHILD (AGE 1 – 12 YRS)	USE 1 HAND AND COMPRESS 1/3 CHEST DEPTH
FOR AN INFANT (0 – 12 MTHS)	USE 2 FINGERS AND COMPRESS 1/3 CHEST DEPTH

## HOW TO USE AN AUTOMATED DEFIBRILLATOR

### AED Plus by ZOLL

GET IT



Get someone to fetch the defibrillator from Kelsall Green

CUT OFF



Rip off clothing or use scissors to cut off clothing. Expose the casualty's chest.

SWITCH ON



Open the defibrillator. Switch on the AED with the on/off button. Follow the audio instructions.

STICK



Attach the pads to the bare skin as shown

LISTEN



I talk to you

Follow the instructions the defibrillator gives you